

2017 VENNDALE REHABILITATION CENTRE PROGRAM

PLEASE NOTE THAT FRIDAYS ARE DIVIDED IN TO 2 COLUMNS FOR CLIENTS AND STAFF

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY - STAFF	FRIDAY - CLIENTS	SATURDAY	SUNDAY	
7:00am	Wake / Tidy Room	Wake / Tidy Room	Wake / Tidy Room	Wake / Tidy Room	Wake / Tidy Room	Wake / Tidy Room	Sleep In	Sleep In	
7:30am	Breakfast / MEDICATION	Breakfast / MEDICATION	Breakfast / MEDICATION	Breakfast / MEDICATION	Breakfast / MEDICATION	Breakfast / MEDICATION			
8:00am	BREAKFAST Case Managers Meeting	BREAKFAST Case Managers Meeting	BREAKFAST Case Managers Meeting	BREAKFAST Case Managers Meeting	BREAKFAST Case Managers Meeting	BREAKFAST Case Managers Meeting	Wake / Tidy Room	Wake / Tidy Room	
8:30am	FITNESS <i>Morning Walk</i> BREATH TEST	FITNESS <i>Morning Walk</i> BREATH TEST	FITNESS <i>Morning Walk</i> BREATH TEST	FITNESS <i>Morning Walk</i> BREATH TEST	FITNESS <i>Morning Walk</i> BREATH TEST	FITNESS <i>Morning Walk</i> BREATH TEST	MEDICATION: Clients assisted in Duty Office	MEDICATION: Clients assisted in Duty Office	
9:00am	DAILY JOBS	DAILY JOBS	DAILY JOBS	<i>Clients allocated time to visit health facilities</i> NORMAL SCHEDULE APPLIES IF NOT GOING <u>NON-HEALTH DAY</u> <u>CLIENTS</u> <i>Stay at Venndale</i> RELAPSE PREVENTION	DAILY JOBS	<u>GROUP OUTING</u> <i>Fishing</i> <i>Sport Events</i> <i>Cultural Events</i> <i>Cinemas</i> <i>Swimming</i> <i>Picnics</i>	<u>HOUSE DAY</u> <u>LIFE-SKILLS</u> <i>Cleaning living areas</i> <i>Wash Linen</i> <i>Wash Clothing</i> <i>Yard Work</i> <i>Clean client vehicles</i>	<u>HOUSE DAY</u> <u>LIFE-SKILLS</u> <i>Cleaning living areas</i> <i>Wash Linen</i> <i>Wash Clothing</i> <i>Yard Work</i> <i>Clean client vehicles</i>	
9:30am									
10:00am	<u>EDUCATION GROUP</u> RELAPSE PREVENTION	<u>EDUCATION GROUP</u> RELAPSE PREVENTION	<u>EDUCATION GROUP</u> RELAPSE PREVENTION						
10:30am					STAFF STUDY				
11:00am	<u>EDUCATION GROUP</u> RELAPSE PREVENTION	<u>EDUCATION GROUP</u> RELAPSE PREVENTION	<u>EDUCATION GROUP</u> RELAPSE PREVENTION						
12:00pm	TUCKER TIME (Lunch)	TUCKER TIME (Lunch)	TUCKER TIME (Lunch)	TUCKER TIME (Lunch)	TUCKER TIME (Lunch)		TUCKER TIME (Lunch)	TUCKER TIME (Lunch)	
1:00pm	LITERACY & NUMERACY	LITERACY & NUMERACY	LITERACY & NUMERACY	<u>EDUCATION GROUP</u> RELAPSE PREVENTION	STAFF STUDY		CLIENT FREE TIME	CLIENT FREE TIME	
2:00pm				<u>EDUCATION GROUP</u> RELAPSE PREVENTION			<u>HOUSE DAY</u> <u>LIFE-SKILLS</u> <i>Cleaning living areas</i> <i>Wash Linen</i> <i>Wash Clothing</i> <i>Yard Work</i> <i>Clean client vehicles</i>	<u>HOUSE DAY</u> <u>LIFE-SKILLS</u> <i>Cleaning living areas</i> <i>Wash Linen</i> <i>Wash Clothing</i> <i>Yard Work</i> <i>Clean client vehicles</i>	
3:00pm	ARVO SHIFT Crossover	ARVO SHIFT Crossover	ARVO SHIFT Crossover	ARVO SHIFT Crossover	ARVO SHIFT Crossover		ARVO SHIFT Crossover		
3:30pm				GROUP 1	GROUP 1		GROUP 2		
4:30PM				RELAPSE PREVENTION	RELAPSE PREVENTION	RELAPSE PREVENTION			
5:00pm	DINNER TIME	DINNER TIME	DINNER TIME	DINNER TIME	DINNER TIME	DINNER TIME	DINNER TIME	DINNER TIME	
6:00pm	EVENING WALK	EVENING WALK	EVENING WALK	EVENING WALK	EVENING WALK	EVENING WALK	EVENING WALK	EVENING WALK	
7:00pm	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	
	BREATH TEST	BREATH TEST	BREATH TEST	BREATH TEST	BREATH TEST	BREATH TEST	BREATH TEST	BREATH TEST	
	PHONE CALLS	PHONE CALLS	PHONE CALLS	PHONE CALLS	PHONE CALLS	PHONE CALLS	PHONE CALLS	PHONE CALLS	
8:00pm	<u>EDUCATION GROUP</u> NEXT DAY PLANNING	<u>EDUCATION GROUP</u> NEXT DAY PLANNING	<u>EDUCATION GROUP</u> NEXT DAY PLANNING	<u>EDUCATION GROUP</u> NEXT DAY PLANNING	<u>EDUCATION GROUP</u> NEXT DAY PLANNING	<u>EDUCATION GROUP</u> NEXT DAY PLANNING	CLIENT FREE TIME		
10:30pm	Prepare Clients For Bed	Prepare Clients For Bed	Prepare Clients For Bed	Prepare Clients For Bed	Prepare Clients For Bed	Prepare Clients For Bed			Prepare Clients For Bed
11:00pm	Clients In Bed	Clients In Bed	Clients In Bed	Clients In Bed	Clients In Bed	Clients In Bed			Clients In Bed
11:30pm	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	Prepare Clients For Bed	LIGHTS OUT	
12:00am	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	

Clients will be removed from Groups to partake in Case Management as the Case Manager requires them. It is compulsory to be in the Education Sessions if you are not involved in Case Management.